IDD-MH Med Student Curriculum Consent and Pre Assessment

Start of Block: Default Question Block

Q54

Q52   
**INFORMED CONSENT TO PARTICIPATE**   
**MENTAL HEALTH CARE AND INTELLECTUAL AND DEVELOPMENTAL DISABILITIES CURRICULUM FOR HEALTHCARE PROVIDERS**   
 Dear Medical Trainee,  
   
 I am Andrea Caoili, Director of Research and Quality Assurance at the National Center for START Services. My team and I are conducting a research study to develop and evaluate the effectiveness of a training for medical students on working with individuals who have intellectual or developmental disabilities (IDD) and mental health concerns (IDD-MH). I am writing to invite you to participate in this study.   
   
 This consent form describes the research study and helps you to decide if you want to participate. It provides important information about what you will be asked to do in the study, about the risks and benefits of participating in the study, and about your rights as a research participant.    
   You should read the information in this document carefully, and ask me or the research personnel any questions, particularly if you do not understand something. You should not agree to participate until all your questions have been answered, or until you are sure that you want to.  This study will consist of viewing up to 6 hours of recording training during regularly scheduled didactic courses and completing pre- post- self-assessments and training evaluations. Each pre-post assessment will take up to 15-30 minutes to complete.  We are seeking up to 136 medical students to participate in this study.  You must be at least 18 years old to participate in this study.    
  
 Taking part in this study is completely voluntary. You may choose not to take part at all. If you agree to participate, you may refuse to answer any question. If you change your mind, you may stop participating at any time. Any data collected as part of your participation will remain part of the study records If you decide not to participate or if you stop participating at any time, you will not be penalized or lose any benefits for which you would otherwise qualify.   
   
 The benefit you receive from participating is increased knowledge and tools for treating patients with intellectual and developmental disabilities and mental health challenges.   
   
 To help protect the confidentiality of your information, we will not ask you to identify your name when completing online surveys. Only the research team will have access to the data, and it will be analyzed and aggregated by the team. No third-party data processing will be required. We will report the data in aggregate and participants will not be named in the report. The results may be used in reports, presentations, and publications.   
   
 If you have any questions about this research project or would like more information before, during, or after the study, you may contact Andrea Caoili at andrea.caoili@unh.edu. If you have questions about your rights as a research subject, you may contact Melissa McGee in UNH Research Integrity Services at 603-862-2005 or Melissa.McGee@unh.edu to discuss them. Thank you for your consideration.  
   
   
 Sincerely,   
   
   
 Andrea Caoili  
Director of Research and Quality Assurance   
 National Center for START Services  
 Institute on Disability/UCED   
 University of New Hampshire

* Click here if you consent to participate in the research study (1)
* Click here if you decline to participate in the research study (2)

Skip To: End of Survey If INFORMED CONSENT TO PARTICIPATE MENTAL HEALTH CARE AND INTELLECTUAL AND DEVELOPMENTAL DISABILITIE... = Click here if you decline to participate in the research study

Q58

Q55   
**PRE-TRAINING SURVEY & ASSESSMENT**  
   
The following survey is designed to gather information about the knowledge and experiences of participants in this study. You will be asked to complete a similar survey following the conclusion of the training. Information from these surveys will be used for quality improvement as well as for research. This project is funded by the WITH Foundation.  
   
 Please answer the following questions to the best of your ability. No prior knowledge of terms and concepts is required. This survey should take approximately 20 minutes to complete. Please note: The term ‘IDD-MH' used throughout this survey refers to the mental health needs of people who experience intellectual and developmental disabilities.  
   
 This survey & assessment consists of 3 sections:  
   
 I.  Demographic Information  
 II. Prior Experience  
 III. Knowledge About IDD-MH (multiple choice, open-ended, and scaling questions)  
  
 **The entire assessment must be completed at one time.**You cannot save your progress. Most questions are multiple choice. There are a few open-ended questions. Please provide as much detail as you see fit; anywhere from 1-3 sentences is recommended.

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Q49 **Part I. Demographic Information**

Q1 Current Year in Medical Training

* 2nd Year Medical Student (1)
* 3rd Year Medical Student (2)
* 1st Year Resident (3)
* 2nd Year Resident (4)
* 3rd Year Resident (5)
* 4th Year Resident (6)
* 1st Year Fellow (7)
* 2nd Year Fellow (8)
* Other (9) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* PA Student (10)

Q25 What is your age range?

* 18-25 (1)
* 26-32 (2)
* 33-40 (3)
* 41-50 (4)
* 51 or over (5)

Q26 What is your gender?

* Male (1)
* Female (2)
* Non-binary (3)
* Questioning (4)
* Prefer not to say (5)
* Other (6) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q27 What is your race?

* American Native or Alaska Native (1)
* Asian (2)
* Asian Indian (3)
* Black (4)
* Native Hawaiian or Other Pacific Islander (5)
* White (6)
* Unknown (7)
* Two or more races (8)
* Other (9) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Prefer not to say (10)

Q28 What is your ethnicity?

* Non-Hispanic (1)
* Hispanic/Latino of any race (2)
* Middle Eastern (3)
* Other (4) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Prefer not to answer (5)

Q29 What is your primary language?

* English (1)
* Spanish (2)
* Other (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Q57 **Part II. Prior Experience**

Q2 How much experience (personal, professional, or volunteer) do you have interfacing with people with intellectual and developmental disabilities and co-occurring mental health conditions?

* None (1)
* Very little (2)
* Some (3)
* Moderate amount (4)
* Extensive (5)

Q3 How much specific didactics and/or training have you received in the mental health aspects of intellectual and developmental disabilities?

* None (1)
* Very little (2)
* Some (3)
* Moderate amount (4)
* A great deal (5)

Q4 Rate your current level of knowledge of the mental health needs of people with intellectual and developmental disabilities.

* Not knowledgeable at all (1)
* Slightly knowledgeable (2)
* Somewhat knowledgeable (3)
* Moderately knowledgeable (4)
* Extremely knowledgeable (5)

Q5 What is one question you have in preparation for your participation in this training?

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Q56 **Part III. Knowledge About IDD-MH**   
  
  
Please answer the following questions to the best of your ability. Your responses will not be graded or shared with anyone other than study personnel. For some questions, there may be more than one correct answer.   
  
  
Most questions in this section are multiple choice. There are a few open-ended questions. Please provide as much detail as you see fit; anywhere from 1-3 sentences is recommended

Q6 The most common mental health conditions experienced by people with intellectual and developmental disabilities are:

* Personality Disorders, Psychotic Disorders & Trauma-Related Disorders (1)
* Anxiety, Depression, & Trauma-Related Disorders (2)
* Bipolar Disorder, Psychotic Disorders, & Trauma-Related Disorders (3)
* Depression, Psychotic Disorders, & Schizophrenia (4)

Q10 How do you define positive medicine?

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1 point: Positive medicine is the focus on both physical and mental wellbeing that promotes a sense of hope, and allows the person to thrive.

.5 points: Answer may include a mention of strengths or wellbeing/thriving, but not both.

0 points: Answer does not address the core components of positive medicine (wellbeing, strengths, thriving)

Q30 Why is the recognition of neurodiversity important in medical care?

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1 point: Recognizing neurodiversity is important because it is respectful to the person and allows the provider to understand the person, communicate more effectively, understand implications for their care, and to develop treatment approaches that address the person’s strengths and needs.

.5 points: may address some but not all of the components above.

0 points: does not include the components above

Q31 Which of the following statements are true about systems of care for people with intellectual and developmental disabilities? Select all correct answers.

* In order to receive IDD services, the person must have a diagnosed intellectual or developmental disability, and must have impaired adaptive functioning (1)
* Medical providers may need to engage family members and other caregivers in the patient’s care (2)
* All people with IDD receive the same array of services (3)
* The majority of people with IDD receive care in institutions (4)
* The person’s case manager/service coordinator from the developmental disabilities service agency could be helpful at medical appointments (5)

Q34 What are the three (3) most common medical conditions experienced by people with IDD?

* Neurological disorder(s) (1)
* Leg pain (2)
* Asthma (3)
* Pain (ex: dental, ear) (4)
* Kidney Disease (5)
* Cardiovascular disease (6)
* GI problems (ex: constipation, GERD) (7)

Q36 Which of the following statements are true when assessing aggression in patients with intellectual and developmental disabilities? Select all correct answers.

* Medical/biological issues should be ruled out first (1)
* Some genetic disorders can cause increased risk of mental health or medical issues (2)
* Constipation, dental pain and gastroesphogeal reflux are common medical causes of aggression that should be considered (3)
* Aggression should be managed by your state’s developmental disabilities service agency (4)
* Behavior is a form of communication (5)
* Psychosocial stressors don’t need to be considered (6)

Q37 Which of the following is not a common presentation of anxiety in people with intellectual and developmental disabilities and limited communication skills?

* Irritability or aggression (1)
* Running away (2)
* Talking to inanimate objects (3)
* Withdrawal (4)
* Staring into space (5)
* Increased repetitive speech and movement (6)

Q39 Signs of psychosis in people with intellectual and developmental disabilities include which of the following? Select all correct answers.

* talking to themselves, monologue (1)
* having an imaginary friend (2)
* Unusual interests (3)
* Lip smacking (4)
* Auditory hallucinations that are intrusive and distressing (5)
* Change from baseline behavior (6)
* Covering ears/eyes (7)

Q11 How do you define culturally competent patient care?

1 point: Two components: 1) Understanding and respect of a person’s unique perspective, experiences, and culture (values, beliefs, etc.) and 2) integration of culture and unique perspectives in care and treatment planning.

.5 points: has one component of the definition but not the other

0 points: does not clearly note an understanding/respect of the person’s culture or the need to integrate this understanding in care

Q12 Which of the following are best practices in communicating with patients with IDD-MH and their families? Select all correct answers.

* Ask your patient exploratory questions (1)
* Talk to, and engage with, the patients’ caregiver rather than the patient themselves (2)
* Ask questions other than that directly pertain to the reason for the visit (3)
* Know that people with the same disability will always communicate in the same way (4)

Q13 If a patient with IDD-MH is acting out in the waiting room, you and your waiting room staff should: Select all correct answers.

* Discipline the person to get them to behave (1)
* Get a copy of their behavior plan for the next time they are in your office (2)
* Administer a PRN (3)
* Defer to the person’s caregiver (4)
* Give the patient the option to wait outside or in the car (5)

Q22 Which is not a treatment approach that people diagnosed with intellectual and developmental disabilities and OCD may need?

* An extensive review of previous diagnoses and treatment (1)
* Extensive, long-term behavior modification treatment (2)
* Combination treatment, including pharmacotherapy/manualized psychotherapies (3)

Q23 Which of the medications below are among those that should be considered first when treating patients with intellectual and developmental disabilities and mania?  
Select all correct answers.

* lithium (1)
* quetiapine (2)
* divalproex (3)
* asenapine (4)
* aripiprazole (5)
* paliperidone (6)
* risperidone (7)
* cariprazine (8)

Q53 Please rate your level of agreement with the following statements using the scale provided.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Strongly Agree (1) | Somewhat Agree (2) | Somewhat Disagree (3) | Strongly Disagree (4) |
| People with IDD are inaccurate reporters of their symptoms. (1) |  |  |  |  |
| I have basic knowledge in the treatment needs of patients with IDD. (2) |  |  |  |  |
| Medical professionals who treat patients with IDD need to specialize with that population. (3) |  |  |  |  |
| I feel comfortable treating people with IDD. (4) |  |  |  |  |
| I have thought about the treatment of people with IDD. (5) |  |  |  |  |

End of Block: Default Question Block